

September 2019 Crown of Life - Grade K-8 - Lunch Menu w/Salad Bar					
Week 5	Monday, September 02, 2019	Tuesday, September 03, 2019	Wednesday, September 04, 2019	Thursday, September 05, 2019	Friday, September 06, 2019
Hot Lunch	LABOR DAY NO SCHOOL	Breaded Chicken & Cheese Sandwich WG Bun & Ketchup Goldfish Pretzels Salad Bar Fruit of the Day	Penne Topped w/Meatsauce Dinner Roll Salad Bar Fruit of the Day	Chicken Taco Scoops Tostitos Scoops, Taco Chicken, Shredded Lettuce, Chz Sour Cream Salad Bar Fruit of the Day & Strawberry Chex Mix	Brunch Lunch Belgian Waffle (1) Margarine & Syrup Turkey Sausage Patties (2) Salad Bar & Fruit of the Day
Veg Lunch		Bean & Cheese Burrito & Cholula Hot Sauce	Cheese Lasagna w/Marinara	Egg & Cheese Ciabata	Wild Mikes Cheese Bites w/ Italian Dip
Cold Lunch		Turkey & Lettuce Sandwich or Cheese Sandwich	Cheese Pizza Pack (Like a Lunchable) or Cheese Sandwich	Sliced Turkey & Cheddar on Whole Wheat Bread or Cheese Sandwich	Citrus Chicken w/Lettuce Bun or Cheese Sandwich
Deli Salad		Grilled Asian Chicken Salad or Veg Asian Salad	Grilled Chix Southwest Taco or Veg Taco Salad	Grilled Bistro Chicken Salad or Veg Bistro Salad	Grilled Chicken Power Salad or Veg Power Salad
Week 6	Monday, September 09, 2019	Tuesday, September 10, 2019	Wednesday, September 11, 2019	Thursday, September 12, 2019	Friday, September 13, 2019
Hot Lunch	Crispy Fritter Wrap Flour Tortilla, Dressed Cabbage & Cheese Salad Bar Fruit of the Day Chocolate Caramel Chex Mix	Chicken Mashed Potato Bowl Popcorn Chicken, Mashed Potatoes Corn & Gravy Salad Bar Fruit of the Day	White Cheddar Mac & Cheese Dinner Roll w/Margarine Salad Bar Fruit of the Day	BBQ Cowboy Cheddar Burger Original Sunchips Salad Bar Fruit of the Day	Lasagna Garlic Bread Salad Bar Fruit of the Day
Veg Lunch	Creamy Mac & Cheese	Cheese Quesadilla & Cholula Hot Sauce	Double Cheese Stuffed Breadstick	Pizza Crunchers w/Italian Dip	Colby Cheese Omelet & Biscuit w/Margarine
Cold Lunch	Sunbutter & Jelly Sandwiches or Cheese Sandwich	Taco Chicken Box: Grilled & Chilled w/Sides or Cheese Sandwich	Sesame Chicken & Lettuce on Ciabatta or Cheese Sandwich	Deli Turkey Bagel Sandwich or Cheese Sandwich	Lime Chicken w/Lettuce Bun or Cheese Sandwich
Deli Salad	Grilled Chicken Caesar or Veg Caesar Salad	Grilled Asian Chicken Salad or Veg Asian Salad	Grilled Chix Southwest Taco or Veg Taco Salad	Grilled Bistro Chicken Salad or Veg Bistro Salad	Grilled Chicken Power Salad or Veg Power Salad
Week 1	Monday, September 16, 2019	Tuesday, September 17, 2019	Wednesday, September 18, 2019	Thursday, September 19, 2019	Friday, September 20, 2019
Hot Lunch	Cheeseburger Ketchup & Mustard Cool Ranch Doritos Salad Bar Fruit of the Day	2 Flour Tortilla Beef Tacos Shredded Lettuce & Cheese Sour Cream Salad Bar Fruit of the Day	Orange Chicken Steamed White Rice w/Soy Sauce Salad Bar Fruit of the Day Fortune Cookie	Meatball Sub w/Mozzarella Cheetos (Regular) Salad Bar Fruit of the Day	Chicken Fritter Tenders Ketchup & Ranch Dip Buttered Mashed Potatoes Salad Bar Fruit of the Day
Veg Lunch	Garden Burger	Cheese Lasagna w/Marinara	Veggie Pizza Pack (Like a Lunchable)	Egg & Cheese Biscuit Sandwich	Egg Fried Rice
Cold Lunch	Turkey on Whole Wheat Bread or Cheese Sandwich	Grilled Chicken Bagel Sandwich or Cheese Sandwich	Grilled Chicken & Cheddar Cheese Bun or Cheese Sandwich	Greek Yogurt, Cheese Stick & Animal Crackers or Cheese Sandwich	Turkey & Cheese Lunch Box Pack or Cheese Sandwich
Deli Salad	Grilled Chicken Caesar or Veg Caesar Salad	Grilled Asian Chicken Salad or Veg Asian Salad	Grilled Chix Southwest Taco or Veg Taco Salad	Grilled Bistro Chicken Salad or Veg Bistro Salad	Grilled Chicken Power Salad or Veg Power Salad
Week 2	Monday, September 23, 2019	Tuesday, September 24, 2019	Wednesday, September 25, 2019	Thursday, September 26, 2019	Friday, September 27, 2019
Hot Lunch	Mozzarella Burger Ketchup Goldfish Pretzels Salad Bar Fruit of the Day	Cheeseburger Spaghetti Garlic Bread Salad Bar Fruit of the Day	Premium Chicken Nuggets (5) Ketchup Crinkle Fries & Ketchup Salad Bar Fruit of the Day	Homemade Mac & Cheese Dinner Roll w/Margarine Salad Bar Fruit of the Day	Brunch Lunch French Toast Sticks & Syrup (4) Breakfast Potato Smiles & Ketchup Salad Bar Fruit of the Day
Veg Lunch	Double Cheese Stuffed Breadstick	Veggie Sausage & Mini Cheese Bagel Sandwich	Pizza Crunchers w/ Marinara Sauce	Cheese Enchiladas	Cheese Pablano Wrap
Cold Lunch	Sunbutter & Jelly Sandwiches or Cheese Sandwich	Honey Mustard Chix & Lettuce Ciabatta or Cheese Sandwich	Turkey & Lettuce Sandwich or Cheese Sandwich	Cheese Pizza Pack (Like a Lunchable) or Cheese Sandwich	Protein Medley: Egg, Chz Cubes, Mini Bagel & Margarine or Cheese Sandwich
Deli Salad	Grilled Chicken Caesar or Veg Caesar Salad	Grilled Asian Chicken Salad or Veg Asian Salad	Grilled Chix Southwest Taco or Veg Taco Salad	Grilled Bistro Chicken Salad or Veg Bistro Salad	Grilled Chicken Power Salad or Veg Power Salad
Week 3	Monday, September 30, 2019	Tuesday, October 01, 2019	Wednesday, October 02, 2019	Thursday, October 03, 2019	Friday, October 04, 2019
Hot Lunch	Mini Corn Dogs Ketchup Cheddar Goldfish Salad Bar Fruit of the Day				
Veg Lunch	Wild Mikes Cheese Bites w/ Italian Dip				
Cold Lunch	Grilled Greek Chicken Bun or Cheese Sandwich				
Deli Salad	Grilled Chicken Caesar or Veg Caesar Salad				