

Fresh, Healthy, Good Food  
Every Day!



November 2018 Crown of Life K-8

this institution is an equal opportunity provider

Week 3	Monday, October 29, 2018	Tuesday, October 30, 2018	Wednesday, October 31, 2018	Thursday, November 01, 2018	Friday, November 02, 2018
<b>Hot Lunch</b>				<b>Crispy Fritter Sandwich</b> Bun, Cheese & Special CKC Fritter Sauce & Ketchup Salad Bar Chilled Pineapple	<b>Brunch Lunch</b> Pancakes w/Margarine & Syrup (2) Tritator w/Ketchup Salad Bar Mandarin Oranges
<b>Vegetarian Sandwich Deli Salad</b>				Veggie Hot Dog Ham & Lettuce on Wheat Grilled Bistro Chicken Salad	Garden Veggie Burger Turkey w/Lettuce on White Grilled Chicken Power Salad
Week 4	Monday, November 05, 2018	Tuesday, November 06, 2018	Wednesday, November 07, 2018	Thursday, November 08, 2018	Friday, November 09, 2018
<b>Hot Lunch</b>	<b>"New" All Beef Hot Dog</b> Bun & Ketchup Salad Bar Varietal Apple	<b>Cheese Stuffed Ravioli &amp; Sauce</b> Parmesan Cheese Dinner Roll w/Margarine Salad Bar Banana	<b>Brunch Lunch</b> Bacon & Cheese Omelet Corn Muffin w/Margarine Salad Bar Fresh Orange	<b>EARLY DISMISSAL</b> <b>NO LUNCH SERVED</b>	<b>NO SCHOOL</b> <b>NO LUNCH SERVED</b>
<b>Vegetarian Sandwich Deli Salad</b>	Grilled Cheese Sandwich Salami & Lettuce Bun Grilled Chicken Caesar	Double Cheese Omelet Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Vegetarian Chicken Nuggets Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco		
Week 5	Monday, November 12, 2018	Tuesday, November 13, 2018	Wednesday, November 14, 2018	Thursday, November 15, 2018	Friday, November 16, 2018
<b>Hot Lunch</b>	<b>Golden Chicken Patty Sandwich</b> Ketchup Leaf Lettuce & Pickle Rounds Salad Bar Varietal Apple	<b>Corn Dog</b> Ketchup & Mustard Salad Bar Banana	<b>Spaghetti &amp; Meatsauce</b> Dinner Roll Salad Bar Fresh Orange	<b>Pulled BBQ Chicken Sandwich</b> Pickle Rounds Bag of Munchies Salad Bar Chilled Pineapple	<b>Brunch Lunch</b> Belgian Waffle (1) Butter, Whip Cream & Syrup Salad Bar Mandarin Oranges
<b>Vegetarian Sandwich Deli Salad</b>	Grilled Cheese Sandwich Salami & Lettuce Bun Grilled Chicken Caesar	Double Cheese Omelet Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Vegetarian Chicken Nuggets Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco	Veggie Hot Dog Ham & Lettuce on Wheat Grilled Bistro Chicken Salad	Garden Veggie Burger Turkey w/Lettuce on White Grilled Chicken Power Salad
Week 6	Monday, November 19, 2018	Tuesday, November 20, 2018	Wednesday, November 21, 2018	Thursday, November 22, 2018	Friday, November 23, 2018
<b>Hot Lunch</b>	<b>Giant Premium Chicken Nuggets</b> Ketchup or Ranch Dip Dinner Roll w/ Margarine Salad Bar Varietal Apple	<b>Brunch Lunch</b> Pancakes & Syrup (2) Turkey Sausage Patties (1) Salad Bar Banana	<b>EARLY DISMISSAL</b> <b>NO LUNCH SERVED</b>	<b>HAPPY THANKSGIVING!!</b> <b>NO SCHOOL</b>	<b>THANKSGIVING BREAK</b> <b>NO SCHOOL</b>
<b>Vegetarian Sandwich Deli Salad</b>	Grilled Cheese Sandwich Salami & Lettuce Bun Grilled Chicken Caesar	Double Cheese Omelet Turkey & Provolone on Wheat Grilled Asian Chicken Salad			
Week 1	Monday, November 26, 2018	Tuesday, November 27, 2018	Wednesday, November 28, 2018	Thursday, November 29, 2018	Friday, November 30, 2018
<b>Hot Lunch</b>	<b>Chicken Patty Sandwich w/Cheese</b> Bun & Ketchup Garden Salsa Sun Chips Salad Bar Varietal Apple	<b>Soft Shell Beef Taco w/Flour Tortilla</b> Shredded Lettuce & Cheese Sour Cream Frito Corn Chips Salad Bar & Banana	<b>Orange Chicken</b> Steamed White Rice w/Soy Sauce Salad Bar Fresh Orange	<b>Meatball Sub</b> Salad Bar Chilled Pineapple	<b>Belgian Waffle</b> Fruit Topping, Margarine & Syrup (1) Salad Bar Mandarin Oranges
<b>Vegetarian Sandwich Deli Salad</b>	Grilled Cheese Sandwich Salami & Lettuce Bun Grilled Chicken Caesar	Double Cheese Omelet Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Vegetarian Chicken Nuggets Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco	Veggie Hot Dog Ham & Lettuce on Wheat Grilled Bistro Chicken Salad	Garden Veggie Burger Turkey w/Lettuce on White Grilled Chicken Power Salad

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at [www.ckcgoodfood.com](http://www.ckcgoodfood.com)

Skim & 1% Milk choices offered daily