

Fresh, Healthy, Good Food
Every Day!



October 2018 Crown of Life K-8

this institution is an equal opportunity provider

Week 5	Monday, October 01, 2018	Tuesday, October 02, 2018	Wednesday, October 03, 2018	Thursday, October 04, 2018	Friday, October 05, 2018
Hot Lunch	Golden Chicken Patty Sandwich Ketchup Leaf Lettuce & Pickle Rounds Salad Bar Varietal Apple	Corn Dog Ketchup & Mustard Salad Bar Banana	Spaghetti & Meatsauce Dinner Roll Salad Bar Chilled Grapes	Pulled BBQ Chicken Sandwich Pickle Rounds Bag of Munchies Salad Bar Chilled Pineapple	Brunch Lunch Belgian Waffle (1) Butter, Whip Cream & Syrup Salad Bar Mandarin Oranges
Vegetarian Sandwich Deli Salad	Grilled Cheese Sandwich Salami & Lettuce Bun Grilled Chicken Caesar	Double Cheese Omelet Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Vegetarian Chicken Nuggets Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco	Veggie Hot Dog Ham & Lettuce on Wheat Grilled Bistro Chicken Salad	Garden Veggie Burger Turkey w/Lettuce on White Grilled Chicken Power Salad
Week 6	Monday, October 08, 2018	Tuesday, October 09, 2018	Wednesday, October 10, 2018	Thursday, October 11, 2018	Friday, October 12, 2018
Hot Lunch	Giant Premium Chicken Nuggets Ketchup or Ranch Dip Dinner Roll w/ Margarine Salad Bar Varietal Apple	Brunch Lunch Pancakes & Syrup (2) Turkey Sausage Patties (1) Salad Bar Banana	Queso Meatball Nachos Corn Chips Shredded Lettuce, Tomatoes & Cheese Sour Cream Salad Bar & Chilled Grapes	Cheeseburger Bun, Ketchup & Pickle Rounds Salad Bar Chilled Pineapple	Garlic Knots (2) & Marinara Salad Bar Mandarin Oranges
Vegetarian Sandwich Deli Salad	Grilled Cheese Sandwich Salami & Lettuce Bun Grilled Chicken Caesar	Double Cheese Omelet Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Vegetarian Chicken Nuggets Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco	Veggie Hot Dog Ham & Lettuce on Wheat Grilled Bistro Chicken Salad	Garden Veggie Burger Turkey w/Lettuce on White Grilled Chicken Power Salad
Week 1	Monday, October 15, 2018	Tuesday, October 16, 2018	Wednesday, October 17, 2018	Thursday, October 18, 2018	Friday, October 19, 2018
Hot Lunch	Chicken Patty Sandwich w/Cheese Bun & Ketchup Garden Salsa Sun Chips Salad Bar Varietal Apple	Soft Shell Beef Taco w/Flour Tortilla Shredded Lettuce & Cheese Sour Cream Frito Corn Chips Salad Bar & Banana	EARLY DISMISSAL NO LUNCH	NO SCHOOL	NO SCHOOL
Vegetarian Sandwich Deli Salad	Grilled Cheese Sandwich Salami & Lettuce Bun Grilled Chicken Caesar	Double Cheese Omelet Turkey & Provolone on Wheat Grilled Asian Chicken Salad			
Week 2	Monday, October 22, 2018	Tuesday, October 23, 2018	Wednesday, October 24, 2018	Thursday, October 25, 2018	Friday, October 26, 2018
Hot Lunch	Old Fashioned Sloppy Joe Bun Lay's Baked Cheddar & Sour Cream Chips Salad Bar Varietal Apple	Penne Pasta w/Meatballs Garlic Toast Salad Bar Banana	Premium Chicken Tenders Ketchup Salad Bar Chilled Grapes	Homemade Mac & Cheese Salad Bar Chilled Pineapple	Brunch Lunch French Toast Sticks, Margarine & Syrup (5) Salad Bar Mandarin Oranges
Vegetarian Sandwich Deli Salad	Grilled Cheese Sandwich Beef Salami & Lettuce Bun Grilled Chicken Caesar	Double Cheese Omelet Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Vegetarian Chicken Nuggets Beef Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco	Veggie Hot Dog Ham & Lettuce on Wheat Grilled Bistro Chicken Salad	Garden Veggie Burger Turkey w/Lettuce on White Grilled Chicken Power Salad
Week 3	Monday, October 29, 2018	Tuesday, October 30, 2018	Wednesday, October 31, 2018	Thursday, November 01, 2018	Friday, November 02, 2018
Hot Lunch	Old Fashioned Hamburger Ketchup Cheetos Salad Bar Varietal Apple	Taco Beef Nachos Corn Tortilla Chips, Shredded Lettuce & Cheese Diced Tomato Sour Cream Salad Bar & Banana	Sweet & Sour Chicken Steamed Rice Salad Bar Chilled Grapes		
Vegetarian Sandwich Deli Salad	Grilled Cheese Sandwich Salami & Lettuce Bun Grilled Chicken Caesar	Double Cheese Omelet Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Vegetarian Chicken Nuggets Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco		

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

Skim & 1% Milk choices offered daily